

January 2024: Thought for the month: I am ready for a deep Spiritual change.

1. "I want you to know that I listened to your New Year's Day teaching."
2. You mean the one on neurogenesis?
3. "Yes, neurogenesis was a new word for me."
4. "As I understand it, it means that you can create new pathways in your brain."
5. Yes, that's right--new pathways that can replace your old habits.
6. "I must say that changing old patterns is exciting for me."
7. Why is that?
8. "For the longest time I felt that I was 'stuck' in life."
9. "I felt that I was just going in circles--you know, the same old same old."
10. "Then you talked about changing even deep-seated habits."
11. "I am ready to do so--I want to 'enliven' up."
12. By change, do you recall the deepest habit that I mentioned?
13. "Refresh my mind, please."
14. The deepest habit is to re-discover the God-Spirit at the center of your life.
15. "I knew you would say something like that."
16. "But guess what: I'm ready for that deepest change."
17. "For a long time I wanted to change, but I didn't take the time to look into it."
18. Yes, you are right. It takes time and a good teacher to assist you.
19. "Do you know a good teacher? --I'm just kidding!"
20. "I know that you and the programs of Now Creations can really help me."
21. Yes, we really can.
22. And, we find more people wanting to change, but they just need a boost.
23. Now Creations and I can give you that boost.
24. "How would you suggest that I start."
25. A first question for you: Do you really want to change? "Yes, I do."
26. A second question: Are you willing to "do the work", making the effort?
27. "I am"--you just made a big start!
28. Just contact me at [Nowcreations.org](http://Nowcreations.org), or, better yet, call me personally (330-783-0387).
29. 'Then what?'
30. I will contact you, and we'll see where you are in your Spiritual growth.
31. "I will make the call." It will be your best ever New Year's resolution.