INVOCATION TO THE UNIFIED CHAKRA

1. I breathe in Light

Through the center of my heart, Opening my heart Into a beautiful ball of Light, Allowing myself to expand.

2. I breathe in Light

Through the center of my heart,
Allowing the Light to expand, encompassing my throat chakra
And my solar plexus chakra
In one unified field of Light
Within, through, and around my body.

3. I breathe in Light

Through the center of my heart,
Allowing the Light to expand, encompassing my brow chakra
And my navel chakra
In one unified field of Light
Within, through, and around my body.

4. I breathe in Light

Through the center of my heart,
Allowing the Light to expand, encompassing my crown chakra
And my base chakra
In one unified field of Light
Within, through, and around my body.

5. I breathe in Light

Through the center of my heart,
Allowing the Light to expand, encompassing my Alpha chakra
(Eight inches above my head)
And my Omega chakra
(Eight inches below my spine)
In one unified field of Light
Within, through, and around my body.
I allow the Wave of Metatron
To move between these two points.
I AM a unity of Light.

6. I breathe in Light

Through the center of my heart,
Allowing the light to expand, Encompassing my eighth chakra.
(Above my head)
And my upper thighs
In one unified field of Light
Within, through, and around my body.
I allow my emotional body to merge.
With my physical body.
I AM a unity of Light.

7. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my ninth chakra

(Above my head)

And my lower thighs

In one unified field of Light

Within, through, and around my body.

I allow the mental body to merge

With my physical body.

I AM a unity of Light.

8. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my tenth chakra

(Above my head)

And to my knees

In one unified field of Light

Within, through, and around my body.

I allow the Spiritual body to merge.

With my physical body.

Forming the unified field.

I AM a unity of Light.

9. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my eleventh chakra

(Above my head)

And my upper calves

In one unified field of Light

Within, through, and around my body.

I allow the Oversoul to merge.

With the unified field.

I AM a unity of Light.

10. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my twelfth chakra

(Above my head)

And my lower calves

In one unified field of Light

Within, through, and around my body.

I allow the Christ Oversoul to merge.

With the unified field.

I AM a unity of Light.

11. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my thirteenth chakra

(Above my head)

And my feet

In one unified field of Light

Within, through, and around my body.

I allow the I AM Oversoul to merge.

With the unified field.

I AM a unity of Light.

12. I breathe in Light

Through the center of my heart,

Allowing the Light to expand, Encompassing my fourteenth chakra

(Above my head)

And below my feet

In one unified field of Light

Within, through, and around my body.

I allow the Source's Presence to move

Throughout the unified field.

I AM a unity of Light.

13. I breathe in Light

Through the center of my heart, I ask that

The highest level of my Spirit

Radiate forth

From the center of my heart,

Filing this unified field completely.

I radiate forth throughout this day.

I AM a unity of Spirit.

When you finish the Unified Chakra ground multi-dimensionally. Imagine a thick line of Light beginning at the Omega chakra (eight inches below your spine), extending upwards through your spine and on upwards into the upper part of the unified field. Ground into the vastness of your Spirit, not into the planet: she's mutating, too. Allow your Spirit to stabilize you. Run twelve lines of Light downward from the point of the Omega chakra, opening around your feet like a cone. You are not grounding into the Earth. You're stabilizing yourself across the parallel realities of the planetary hologram.