

The Crystalline Structure of the Body

Session One

I. The Dilemma

A. Partial Control

B. Missing: A Control Mechanism

II. Esoteric Teachings: Possible Solutions, Three Steps

A. Step One: Personal Experiences

1. "Stop acting like a limited, mortal, physical human. Start thinking like an unlimited, eternal soul in complete control of its human persona instrument and manifestations."

2. Heart Attack

B. Step Two: A Course in Mastering Alchemy: Four Pieces

1.

2.

3.

4.

B. Step three: Epigenetics

1. Crystals already exist in the Body

2. Where are they?

III. Meditation

Session Two

I. Three Facts

A.

B.

C.

II. Five Questions and Answers

A. Questions 1: How Does Light enter our physical bodies?

Answer

B. Question 2: What roles do Crystals play in the process?

Answer

C. Question 3: How can these Crystals in the body change the structure of the body?

Answer

D. What would be the result of such a change?

Answer

E. How can we make these changes in our lives?

Answer

III. Now Creations' Programs

A. ACIMA

B. What is Lightbody?

C. Unified Chakra Meditation

IV. Meditation

V. Conclusion