

May 2024

Thought for the month: Kindness is Highest Form of Intelligence: Wise up, be KIND!.

1. So, what did you think of Kindness month?
2. Was it all that you had hoped it would be?
3. " I am happy to say that it exceeded my expectations." How so?
4. "First, it is a great idea to devote a whole month to Kindness. The world surely needs it."
5. "Second, it is amazing at how many daily acts of Kindness people do."
6. "It was so easy to give the Kindness cards to acknowledge the kind act."
7. "It was especially nice to witness the kind person's response to the act that was recognized."
8. "It brought such a smile to their faces."
9. And, I could see/feel the joy that was within them."
10. "Someone had noticed what they had done."
11. "People really want to be kind, and when noticed it strengthens their resolve to do so."
12. "I can't say enough about how a recognized act of Kindness makes people kinder."
13. Is there anything else. "Oh, yes."
14. Third, I can't believe how I felt in acknowledging the acts of Kindness."
15. "It was like I was being as kind as the act that I acknowledged."
16. "It made me feel good inside."
17. "It made me want to be 'even kinder'."
18. "Once you see the effect on others, you feel it in yourself as well."
19. "And, giving the Kindness card is a great idea."
20. "I now carry them in my purse/wallet to make sure I have them with me at all times."
21. Terrific! Don't forget to call me (330-783-0387) if you need more.
22. You know we distributed over 700 Kindness cards in our communities.
23. "Really! Wow!"
24. Yes, people know that we need more and more Kindness.
25. And, you know, Kindness is the Highest Form of Intelligence.
26. "It really, really is."
27. Did you like the book **Holy Moments**?
28. "I sure did. It gave me practical examples of how to be Kind."
29. "It made a lot of good, common sense."
30. So, how would you describe Kindness month?
31. "A-One! A Great Success--it is helping me to be Kinder every day."