## March 2025

## Thought for the month: I am using meditation to practice my Divinity.

- 1. "Thank you for saying more about practicing my Divinity."
- 2. It's a pleasure to do so.
- 3. There are two things that you have to know.
- 4. But first: It's a joy to celebrate the founding of Now Creations 20 years ago tomorrow!
- 5. Today is the 20th Anniversary of Now Creations!!!
- 6. It is a joy to remember, gracefully, Bob Cene, Jr., the co-founder of Now Creations
- 7. What a joy Bob was and continues to be for Now Creations.
- 8. Now, back to practicing your Divinity.

9. The first thing you have to know is the "Who" that is made in the image and likeness of God.

- 10. The "Who" is not your personality self, nor your worldly self.
- 11. The "Who" that is made in the image and likeness of God is your Soul.
- 12. Your Soul is the Inner You.
- 13. When you go more deeply inward, you come to know your "Soul" Self.
- 14. It is your Soul Self that is created in the image and likeness of God.
- 15. "I didn't understand that until now."
- 16. And, it is your Soul Self that has all the Spiritual qualities of God.
- 17. So, when you access your Soul Self, you are able to be "God-like" or "of God".
- 18. "I like the phrase that you are 'God-like'."
- 19. "I have another question: How do you access your Soul Self?"
- 20. That's the second thing you need to know.
- 21. You access your Soul Self through meditation.
- 22. "Somehow, I knew you would say that."
- 23. Yes, meditation is the "gateway to the Soul".

24. Without meditating, without going more deeply within, your Spiritual progress will be very slow.

- 25. "Okay, how do I learn to meditate better?"
- 26. Two ways: First, call Vince (330-783-0387) and he will help you.
- 27. He will guide you, and spend time with you.
- 28. Your meditation practice is that important to him.
- 29. Secondly, you can go to the Now Creations website, and click on "Special Meditations".
- 30. And, then scroll down to the meditation on "Focused Breathing".
- 31. "I now feel informed and desirous of practicing my Divinity."