## May 2025 Thought for the month: "Kindness is THE WAY"

- 1. I have a question for you. "Go ahead."
- 2. How did you do during April Kindness month?
- 3. "I'd like to respond to this."
- 4. "At first, it took some thought as to what to do each day."
- 5. "Then, a surprise happened."
- 6. What was that?
- 7. "Well, as I did my daily act of Kindness, more possibilities seemed to open up to me."
- 8. "It was like the Universe was showing me additional ways to be kind."
- 9. "I had this inner urge just to do kind things."
- 10. "This was a new feeling for me."
- 11. It seems like you just had to start the ball rolling...
- 12. ...and then the Energy of Kindness started to speak to you.
- 13. "Yes, that is exactly what happened."
- 14. "I began to see so many more opportunities to be kind."
- 15. "But, something else was going on within me."
- 16. What was that?
- 17. "I stared to feel Kinder within myself."
- 18. "Something seemed to be changing within me."
- 19. "The more, kind things I did, the kinder I became."
- 20. "The acts of Kindness were helping me to feel the Energy of Kindness within myself."
- 21. "I can't believe that I'm saying this, but it's the truth."
- 22. "Do you mind if I say something more?"
- 23. No, go ahead.
- 24. "Well, I began to feel that Kindness was natural to me."
- 25. "Kindness just felt so good, so right."
- 26. "I was even kinder to people I didn't like so much."
- 27. "I just wanted to keep the feeling of Kindness -- again, it just felt so right."
- 28. Now, do you mind if I say something? "Go ahead."
- 29. Kindness is really the expression of the Love of God within you.
- 30. Kindness is the Highest Form of Intelligence.
- 31. "Yes, I have come to experience that this is true. Thank you."