

June 2025
Thought for the Month:
I am practicing the "Seven Daily Spiritual Practices"
of Now Creations.

1. "You have talked a lot about 'being informed' lately."
2. "Would you please 'inform me' about what you mean?"
3. Yes, very happy to do so.
4. Many people are still misinformed about their identity.
5. The vast majority of people still think that they are a limited personality self.
6. "What do you mean by the term 'personality self'?"
7. By the personality self, I mean your body, mind, and emotions.
8. The personality self is often called the human self.
9. The problem is that there is much more to the human self than just the personality self.
10. "How much more?"
11. The "more" are your Soul and Spirit.
12. The Soul and Spirit are the "Inner You" that direct your personality self.
13. "How so?"
14. First, it is your Soul that gives the guidance as to how your personality self will act.
15. The Soul tells the personality self what is important, and guides it accordingly.
16. "This makes a lot of sense--the personality self often needs better guidance."
17. "But, it raises another question."
18. "What guides the Soul?"
19. Now, we are getting to the essence of being informed.
20. What guides the Soul is your Spirit, the Holy Spirit in the Center of your Soul.
21. "So, the Holy Spirit is in the Center of my Soul."
22. Yes, that's right.
23. "But how does it guide me?"
24. It guides you by giving your Soul Spiritual principles and values. "Such as?"
25. A Spiritual principle would be: "I am the Love of God in human form."
26. Spiritual values guiding the Soul are Oneness and Love.
27. "How do I acquire these principles and values? Oh, I know, you are going to say by Meditation."
28. Yes, by Meditation certainly, but also by asking a Spiritual teacher and joining with Spiritual friends.
29. And then, by practicing the "Seven Daily Spiritual Practices" of Now Creations listed on our website.
30. "Yes, I will become more informed--it will be good for me and for others." Indeed!