

PERSONAL OUTREACH: A TIMELY TOPIC

- A. Personal Outreach begins with one's desire to be a creative expression of Spirit, and inviting others to know and express this energy and thus experience a happy life.** (It is not proselytizing.)
- B. Personal Outreach is a timely topic because:**
- (i) of all the work we have put in over the years to know our Inner Self.
 - (ii) many members of Now Creations are now living in a [5th dimensional state of consciousness](#). That is, knowing they: (a) [are a Soul/Spirit](#), (b) [have never left their Source](#), (c) [live by the qualities of Oneness and Love](#), (d) [while in a physical body](#). (Personal Outreach begins here, **most important**.)
 - (iii) “**Am I** ready to step up?” has been replaced with “**I AM** ready to step up.”
- C. Six Practical ways to do personal outreach.**
- (1) Practice daily the **Seven Daily Spiritual Practices**.
 - (2) **Modeling** this inner knowing by greeting everyone from that Presence within us. Some examples: (i) with a kind demeanor, (ii) with a smile, (iii) be a good listener—genuinely attentive, (iv) sharing a hug or a pat on the shoulder when appropriate, (v) keeping a calm presence in all situations.
 - (3) **Follow up on Inner Heartfelt Intuitions.**
 - (i) When **MOVED** from within, do not go into hesitation mode (analysis paralysis).
 - (ii) If you have a **yearning (intuition)** to connect with another not nearby, **call them**, or **send a written note**.
 - (ii) If **moved** to send a gift or deliver goodies from your garden or oven, **do so**.
 - (4) **Compliment** others when observing an act of kindness. Some examples:
 - (i) Pass out a kindness card.
 - (ii) Using language such as: “I want to share with you that what you did was really nice”, or “Your act of kindness really moved me”. This often leads to a fruitful conversation.
 - (5) **Inspiring Each Other. (Receiving/Extending)**

The Members Committee has observed how many members are now comfortably sharing in our classes very inspirational acts of kindness, either received or extended. It speaks to #6 of The Seven Daily Spiritual Practices, that is: [“Attend daily meetings with Now Creations as frequently as possible”](#).

(6) Creative Responses To A Personal Greeting You Receive By Another.

When greeted by someone who says one of the following:

(i) “Hi, what’s new?”, (ii) “Hi, how are you?”, or (iii) “Hi, what’s going on?”

The usual 3 mundane replies are: (i) “nothing”, (ii) “ok”, and (iii) “not much”

When appropriate, and you are **comfortable** with doing so, raise the energy of their greeting by responding with an elevated creative greeting. Below are three examples.

Greeting: “Hi, what’s new?”

Response: “I just saw a terrific movie entitled, *The Age Of Disclosure*. I liked the movie because it dealt with current unexplained phenomena and the age old question: Are there other life forms in the universe?”

Greeting: “Hi, how are you?”

Response: “I have never been happier (or healthier) in my entire life. I am calmer, a better listener and have found a peacefulness that has brought a feeling of well-being to my mind, emotions, and body that I didn’t know was possible.”

Greeting: “Hi, what’s going on?”

Response: “A lot, the most important being that my practice of a daily meditation and participating in several weekly book studies such as: *Science of Being and The Art of Living* has been life changing in so many ways.”

This report is a list of suggestions for your personal outreach presented by the Members Committee of Now Creations. You will know the unique creative responses that are most appropriate for you. For questions and additional suggestions, please contact John Hoopes, chairman, at 317-289-7837 or hoopesjm@gmail.com.