

April 2026

Thought for the month: Kindness changes my Life.

1. "Kindness month starts today."
2. I'm surprised that you remembered that Now Creations celebrates Kindness month in April.
3. "Well, I did remember, and I'll tell you why."
4. "Kindness month had a big impact on me last year."
5. "In fact, it has affected me more and more each year."
6. How so?
7. "Well, Kindness month has taught me that life is more than just about 'me'."
8. "Until the past couple of years, I was very self-centered."
9. "In fact, I never really thought about anyone else except myself."
10. "I wasn't a terrible person, but I was definitely focused on myself."
11. "To be truthful, I didn't really think about others."
12. "For the most part, my life was just about 'me'."
13. "Even when I was nice to people, I wanted them to compliment me."
14. "And, when they didn't compliment me, I stopped being nice to them."
15. "I didn't hate them, but I just didn't like them any more."
16. What changed you?
17. "To be honest, I didn't like what I was becoming."
18. "I was so selfish, so self-centered, but it didn't feel right."
19. "Something seemed to be missing in my life."
20. "Self-centeredness didn't make me happy; in fact, it made me feel worse."
21. "Then, I saw your advertisement about Kindness month."
22. "At first, I kind of disregarded it, but that ad and the daily calendar worked on me."
23. "Perhaps this is what I need to do: To be kind, more loving."
24. "So I started to do a couple of kind things during the week."
25. "And, I felt better--it was a good feeling to be kind, and people seemed to like it."
26. "In fact, I liked it! I liked the feeling that Kindness generated within me."
27. "Soon, I started to do a kind act every day, and my calendar got filled

28. "I even started to give Kindness cards, people loved them.
29. I see why Kindness month means so much to you.
30. "Thank you: Kindness truly is the Highest Form of Intelligence."